Cougs Support

COVID-19 has created unique challenges this semester but Cougars care about each other! Hopefully this guide can help create a unique but authentic #CofC experience.

Students 4 Support

Students 4 Support (S4S) supports fellow students with everything from the unique challenges of college life to experiences like depression.

Text "4support" to 839863
12 p.m. - 9 p.m. M-Th

The Counseling Center

Try Tao, Therapy Assistance
Online
Short-term Counseling
Online appointment request: counseling.cofc.edu

#CHECKS

COVID-19 and distance learning have made it difficult to connect. Let's make a goal to #REACH OUT, #RECONNECT and #ENCOURAGE each other!
Follow connect2hope_cofc on Instagram and College of Charleston Mental Health on Facebook
COUGS CONNECT

We are committed to providing opportunities for you to connect.

COUGAR CONNECT

Reconnect with student organizations and find programs and activities at https://cougarconnect.cofc.edu. Search for online events or select Online Location in the Event page to learn which events are available virtually this semester.

Cougar Activities Board (CAB)

Follow CAB on Instagram and Facebook

Thursday, Friday and Saturday events can be found on Cougar Connect

LEADERSHIP CofC

Sophomore Leadership Checklist
Leadership CofC
Leadership Certificate

Visit the Higdon Center at https://higdoncentercofc.edu
COUGS LEARN

We are providing excellent ways to enhance your learning remotely.

CENTER FOR STUDENT LEARNING (CSL)

CSL offers excellent services virtually at https://csl.cofc.edu
Tutoring, Supplemental Instruction, 1.1 Skills Development and Academic Coaching are ALL available. Be on the lookout for more information about CougarCountdown.

ACADEMIC ADVISING & PLANNING CENTER

Visit advising.cofc.edu or text "AdviseMe" to 85511 for all advising-related questions.

COFC CAREER CENTER

Visit CareerCenter.cofc.edu for virtual career fairs, career advising and resume services.

Save the Dates
FALL 2020
VIRTUAL CAREER FAIRS
Employer registration opens August 1st in handshake

- Sept. 22 Science, Engineering & Technology Career Fair
- Sept. 30 Business Career & Internship Expo
- Oct. 6 Government, Non-profit & Social Justice Opportunities Fair
- Oct. 14 Marketing, Communications & Creative Industries Fair
- Oct. 22 Graduate Programs & Professional Schools Fair
COUGS PLAY

We are providing fun ways for you to relax and play.

INTRAMURALS

Visit https://www.imleagues.com/school/registration to learn more about the semester's virtual IM experience.

WELLNESS WEDNESDAYS

Our weekly workshops are designed to enhance your wellbeing. Stay tuned for details about the topics that will be covered. Please contact Bucky Buchanan at lbuchana@cofc.edu for more information.

COFC FITNESS

Check out IMLeagues for more virtual fitness opportunities.
You're Not Alone...

Zoom Online Drop-In Meetings for Quarantine & Isolation Students
Tuesday's 5-7pm
Wednesday's 9-11pm

Questions or Concerns? Reach out to Student Affairs 843-953-5522

Join other students to talk, do homework, or be together