

What to Pack for Isolation or Quarantine On Campus

What to pack for your time in isolation:

- Enough clothing for 11 days.
- Pillows
- Bedding and towels will be provided by the College.
- If you have a favorite snack or sports drink, be sure to bring those. Meal delivery will include some standard snacks. We are not able to personalize snack or meal orders (unless for dietary restrictions).
- A thermometer. If you do not have one there will be one in the locker with your key.
- Your prescriptions and any over-the-counter medications you think you might need. This might include acetaminophen, cough and cold medication, and throat lozenges.
- Books/technology/chargers or anything else you may need for classes or connection to others during your time in isolation.
- Masks that you'll need to wear while traveling to your isolation space and anytime you are outside your bedroom, including when you answer the door for meal delivery.
- The College will provide sanitizing wipes so you can wipe down surfaces as needed.

What to pack for your time in quarantine:

- Enough clothing for 11 days.
- Bedding and towels will be provided by the College.
- If you have a favorite snack or sports drink, be sure to bring those. Meal delivery will include some standard snacks. We are not able to personalize snack or meal orders (unless for dietary restrictions).
- A thermometer. If you do not have one there will be one in the locker with your key.
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- Books/technology/chargers or anything else you may need for classes or connection to others during your time in isolation.
- Masks that you'll need to wear while traveling to your isolation space and anytime you are outside your bedroom, including when you answer the door for meal delivery.
- Sanitizing wipes so you can wipe down surfaces as needed.