Isolation Guidelines for COVID-19 Positive Students
Living in Campus Housing

Applies to Boosted, Vaccinated and Unvaccinated Individuals

Please note: The College of Charleston has extremely limited isolation and quarantine spaces available on campus. These spaces are intended only for those students who require emergency housing should they become positive for COVID-19 or need to complete quarantine. Please be sure to have a plan to quarantine or isolate away from campus should the need arise. Students who have been unable to return home for their isolation or quarantine have stayed with friends or family who live locally and some have rented spaces nearby to complete isolation or quarantine away from campus. Students who have received the primary series of the COVID-19 vaccine as well as the booster shot will not need to leave campus provided they remain asymptomatic, are not positive for COVID-19 and comply with masking guidelines.

Why is isolation important?
Isolation is used to separate people infected with COVID-19 from people who are not infected. This measure will help slow the spread of disease and decrease the risk of passing the virus to others.

- 5-day isolation away from campus required.
- Your isolation period is determined from the date of the positive COVID-19 test. Day 1 of isolation begins the day after the positive test date.
- If you have no symptoms after 5 days and you are without fever for 24 hours and not on fever-reducing medicines, you can return to campus but MUST wear a mask while around others for an additional 5 days, including around roommates.
- If your symptoms have not improved on day 5, a full 10-day isolation away from campus is required.

What can I do while in Isolation?
- STAY away from others and REST.
- DO NOT go to class, work, public events, dining halls or group gatherings.
- REACH OUT to let your faculty members know if you are not able to fully engage in your courses.
- DO NOT go out for walks.
- DO NOT have visitors. Family and friends may not come to visit as this puts them and other residents at risk.
- If you MUST be around other people or animals in or outside of your space due to needing medical attention, a fire alarm or a fire emergency, keep physical distance of at least 6 feet, wear a well-fitting mask, wash hands often and clean behind yourself with approved wipes or cleaners!

Please ALWAYS answer your phone.
• Student Health Services and other campus resources will be reaching out to check on you and to provide important information you may need. Please make sure you answer calls so we can connect with you as quickly as possible.

How to take care of yourself
• Eat regular, healthy meals. Get at least eight hours of sleep.
• Find a way to keep active in your room. Consider streamed exercise classes. Check the Campus Recreation site for virtual fitness classes and other virtual activities.
• Stay in contact with friends and family via phone, Facetime, etc.
• Do not use alcohol or recreational drugs.
• No smoking and no vaping.
• Monitor your temperature twice daily, in the morning and evening, 30 minutes after eating or drinking. We suggest you keep a log of temperatures and symptoms.
• Use acetaminophen or ibuprofen products for fever and other symptoms. Call Student Health Services if these measures are not helping with fever or headache.
• Answer your phone as people will be checking in on you.

What about cleaning?
• Clean and disinfect individual high touch surfaces every day. Examples include phones, laptops, tablets, bedside tables, etc.
• Clean and disinfect shared touch surfaces any time you use them. Examples include remote controls, counters, tabletops, doorknobs, bathroom fixtures, toilets, etc.

Important Contact Information
Monday – Friday, 8:30 a.m. - 5 p.m., call Student Health Services at 843.953.5520 for any questions or concerns. Please leave a voicemail for after-hours or weekend responses.

1. Tell them that you are COVID-19 positive and in isolation.
2. Describe your symptoms.
3. Anticipate that you may need to wait for a nurse to return your call

After hours or on weekends, the Medical University of South Carolina (MUSC) is available for free to CofC students 24/7.

1. Reach out for a virtual appointment by clicking on the following link: https://muschealth.org/virtual-care

Emergencies: Call 911

1. If you are experiencing a medical emergency (severe shortness of breath, confusion or inability to walk, severe allergic reaction or any symptoms that cannot wait for a return phone call).
2. Tell them that you are a COVID-19 positive College of Charleston student in isolation.
3. Tell them what your emergency is.